

# SUMMER STUDY

*Week One Memory Verse: I have hidden your word in my heart so I won't sin against You. Psalm 119:11*

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## DAY 1

Walk - Psalm 24:1

Jog - Psalm 24:1-6

Run - Psalm 24

Who owns the world? Who can go to the Lord? What do you need to ask forgiveness for today so you can have a good relationship with the Lord?

## DAY 2

Walk - Matthew 6:33

Jog - Matthew 6:31-33

Run - Matthew 6:25-33

Will you worry about things if you are trusting God? Do you ever worry about anything? What? How has God taken care of things that have worried you? How can you seek God today?

## DAY 3

Walk - Deuteronomy 7:9

Jog - Deuteronomy 7:9-11

Run - Deuteronomy 7:6-12

What are two things we know God is from verse 9? What does he want us to keep? Is there a reward for obeying God? Can we trust God to keep His promises? What is one commandment you will be careful to obey today?

## DAY 4

Walk - 1 John 4:7-8

Jog - 1 John 4:7-14

Run - 1 John 4:7-21

What is the commandment in verse 7? How can we know if we love God? How did God show his love for us? Ask God to give you strength to love someone today who you are having a hard time loving.

## DAY 5

Walk - Proverbs 2:6-7

Jog - Proverbs 2:1-7

Run - Proverbs 2:1-15

Who gives wisdom? How can wisdom help you? What is your heart feeling when you do wise things? What about when you do foolish things? What will you ask God for wisdom about today?